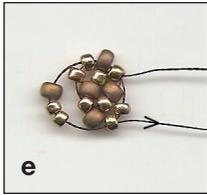




Note that your needle is coming out the center bead of the three beads that were added in **Step 2**. You will always pick up three new beads and then pass your needle through the center bead of the three-bead group added previously. Do this twice and then step up to begin the next round.

An easy way to think about it is that you will always pass your needle through the 11° immediately following the 8°.

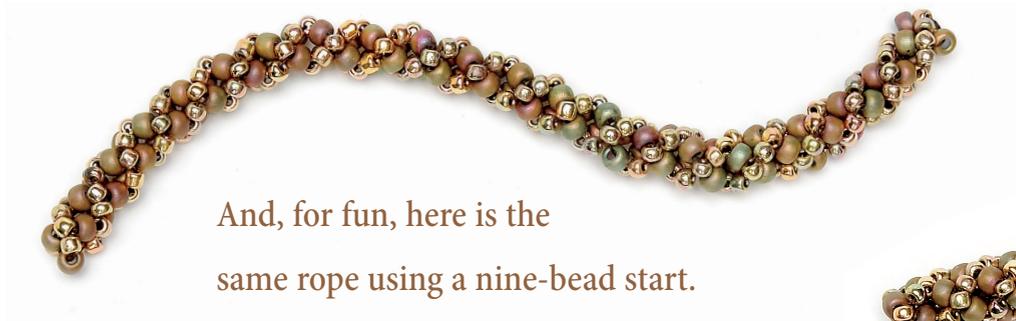
At this point you should be able to start forming a bead tube. (My photos show the work flat to show the next thread path.)



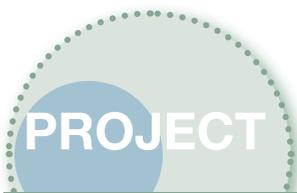
5. Pick up one 8° and two 11°s. Pass your needle through the 11° following the next 8° (**e**).

Continue adding beads in this manner until you have reached your desired length.

Here is what a length of the rope will look like.



And, for fun, here is the same rope using a nine-bead start. You can see the difference in size.



SUPER-SKINNY RUSSIAN SPIRAL

MATERIALS

- Beading thread
- Size 10 or 12 beading needle
- 11° seed beads, red
- 11° seed beads, yellow
- 8° seed beads, turquoise

I have shown how to create a regular Russian spiral using a nine-bead start and a skinny Russian spiral using a six-bead start, but what about a super skinny Russian spiral using a three-bead start? Would that even be possible to do? Let's find out.

My first attempt worked out beautifully—exactly as I had hoped. You have made it to Chapter 8 of my second book, so I feel fairly comfortable suggesting that you do not try this variation if you are having a stressful day or moment. The first two rounds might put you over the edge as you try to keep them straight. Then, after all of your work to try to keep it straight, I am going to tell you to remove two of the beads.

